



## Countryside is GREAT

Croeso i Gymru! Welcome to Wales!



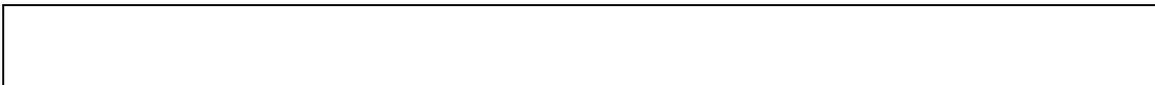
### Wales in the Autumn

Autumn is a great time of year to visit Wales and enjoy the stunning natural beauty throughout the country. Enjoy the rugged peaks of Snowdonia National Park, the spectacular terrain of the Brecon Beacons National Park, and the endless miles of Welsh coastline.

There is an incredible amount for visitors of Wales to do in the Autumn, including some of the best walking found in Britain or, for the more adventurous visitor, Wales also has miles of mountain biking terrain, stretches of natural white water for rafting and canoeing, plus some of Britain's best surf around the rugged and stunning Welsh coastline. There is even the legendary bog-snorkelling for those wanting to get really wet and muddy on their holiday!

After all that excitement and adrenalin, holidaymakers will need to refuel with some delicious Welsh food and Wales has plenty of great places to eat. Gastronomes will delight at the range of superb eateries outside cities and towns, offering menus using locally sourced meats, seafood and other ingredients, alongside established restaurants offering international and fine cuisine – including several Michelin-starred restaurants dotted around the country.

Even the most invigorated holidaymakers need somewhere to lay their head and rest their feet, and whether visitors are looking for a cosy remote bolthole in the countryside, a chic coastal bed and breakfast, or a gorgeous boutique spa hotel, they'll be sure to find it here.



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**Countryside is GREAT  
Six day sample itinerary**

**Day One**

	<p>Fly directly into Cardiff Airport or travel by train to Cardiff via London.</p> <p><b>For this itinerary a hire car is recommended.</b></p>
Afternoon	 <p><b>Arrive at Brecon Beacons National Park</b></p> <p>The Brecon Beacons (Welsh: Bannau Brycheiniog) is a mountain range located in the south-east of Wales. It forms the central section of the Brecon Beacons National Park (Parc Cenedlaethol Bannau Brycheiniog), one of Wales's three National Parks and is a countryside paradise.</p> <p><a href="http://www.breconbeacons.org">www.breconbeacons.org</a></p> <p>Llangorse Lake, Brecon Beacons National Park</p> <p>@BreconBeaconsNP</p>
	<p>Unwind, stretch your legs and relax with an inspiring short walk to familiarise yourself with the beauty of the Brecon Beacons. <b>Discover tucked-away treasures you wouldn't expect to find in the heart of the Welsh countryside.</b></p>
overnight	<p><b><u>The Bear Hotel</u></b> Crickhowell Powys NP8 1BW Tel: +44 (0) 1873 810408 <a href="http://www.bearhotel.co.uk">www.bearhotel.co.uk</a></p>
	<p><b>Dinner at The Walnut Tree Inn</b></p> <p>Michelin-star restaurants aren't the preserve of cities; The Walnut Tree on the outskirts of Abergavenny (in the Brecon Beacons National Park) the Michelin-star restaurant that was</p>

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	<p>voted Best Restaurant in Wales at the National Restaurant Awards; it's easy to see why, with a menu based on mouth-watering seasonal ingredients and the unique creations from chef Shaun Hill.</p> <p><a href="http://www.thewalnuttreeinn.com">www.thewalnuttreeinn.com</a> @lovewalnuttree</p>
Overnight	The Bear Hotel
<b>Day Two</b>	
Morning	Check out of hotel.
	<p><b>Ancre Hill Estates</b></p> <p>Pinot Noir red, sparkling whites, still rosés – all produced in Wales! Ancre Hill vineyard is making a real name for itself in the wine world and you'll enjoy a special wine tasting.</p> <p><a href="http://ancrehillestates.co.uk">http://ancrehillestates.co.uk</a> @Ancrehillestate</p>
	<p>Depart for <b>Abergavenny</b>; a beautiful market town flanking the Brecon Beacons National Park. Discover locally-produced food, great places to stay and fantastic scenery. People flock to Abergavenny primarily for its outstanding cuisine – it's also home to a renowned Food Festival every year. (The town is also a useful base for walkers bound for the local mountains: Sugar Loaf, the Blorenge, and the legend-infused Skirrid Mountain.)</p> <p>If you are in town on a Saturday, discover the sumptuous food market and soak up a slice of local life.</p>
	<p><b>Lunch/early afternoon tea at the Angel Hotel</b></p> <p>Established in 1829 as a Posting Inn, the Angel Hotel has welcomed iconic Hollywood stars through its doors, such as Elizabeth Taylor, Richard Burton, as well as Gregory Peck.</p> <p><a href="http://www.angelabergavenny.com">www.angelabergavenny.com</a> @LovetheAngel</p>
	<p>Depart for <b>Brecon Beacons National Park</b> and check in to hotel, rural chic accommodation at its finest.</p>

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	<p><b><u>Gliffaes Country House Hotel</u></b>  Crickhowell  Powys  NP8 1RH  Tel: +44 (0) 1874 730371  <a href="http://www.gliffaeshotel.com">www.gliffaeshotel.com</a></p> <p>@gliffaes</p>
	<p>The Brecon Beacons National Park offers a whole raft of outdoor activities; from paragliding and power kiting to canoeing and white-water rafting. Try a <b>bushcraft course</b>, where you'll learn how to survive in the wild making own comfortable natural shelter, forage for food and water, light and manage a fire for warmth and cooking.</p>  <p><a href="http://www.breconbeacons.org">www.breconbeacons.org</a></p>
	Dinner at the hotel.
	<p><b>Dark Skies Reserve – stargazing event and astronomy lesson</b></p> <p>The Brecon Beacons National Park was named an <b>International Dark Sky Reserve</b> last year, one of the few in the world. Be guided through the magical dark skies by a stargazing ranger.</p>
Overnight	Gliffaes Country House Hotel
<b>Day Three</b>	
	<p>Breakfast at the hotel.</p> <p>Check out of hotel.</p>

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	<p>Arrive in <b>Hay-on-Wye</b>; a quirky countryside town next to the Brecon Beacons that is famous for its internationally renowned book festival. Explore the vintage boutiques and beautiful bookshops, all with the backdrop of the spectacular hills of Hay Bluff and the Twmpa.</p>
	<p>Lunch at the <b>Felin Fach Griffin</b></p> <p>A dining pub with rooms nestling near the book town of Hay-on-Wye between The Black Mountains and The Brecon Beacons, the menu takes its inspiration from the ingredients produced on local farms; Welsh beef and lamb, game from local estates and cheeses from world- renowned dairies.</p> <p><a href="http://www.eatdrinksleep.ltd.uk">www.eatdrinksleep.ltd.uk</a> @felinfachgriff</p>
	<p><b>Penderyn Whisky Tour</b></p> <p>Did you know that Wales produces some of the smoothest 'wysgi'? You'll discover just why with a visit and tasting at Penderyn Whisky Distillery, located in the village of Penderyn in the foothills of the Brecon Beacons. <a href="http://www.welsh-whisky.co.uk">www.welsh-whisky.co.uk</a> @PenderynWhisky</p>
	<p><b>Carreg Cennen Castle</b> explore a deep underground site by torchlight that presents a few surprises along the way! <a href="http://www.castlewales.com/carreg.html">www.castlewales.com/carreg.html</a> @Carreg_Cennen</p>  <p>Discover untold mysteries at Carreg Cennen Castle</p>
overnight	<p>: <b><u>The Castle – Llandoverly</u></b></p> <p>Kings Road, Llandoverly, Carmathenshire, SA20 0AP Tel: +44 (0) 1550 720 343 <a href="http://castle-hotel-llandoverly.co.uk">http://castle-hotel-llandoverly.co.uk</a></p>

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	<p>@CastleHotel_TIW</p> <p>A former Welsh coaching inn now a charming hotel that has kept its original character twinned with modern, fresh ideas.</p>
	Dinner at the hotel
<b>Day Four</b>	
Morning	<p>Breakfast at hotel.</p> <p>Check out of hotel.</p>
	<p>Head into the beautiful coastal town of <b>Cardigan</b> and experience everything from genuine Welsh countryside life as well as discovering more about the <b>new arts centre</b> currently being built <b>inside Cardigan Castle</b> – a fine example of where contemporary culture meets history and heritage.</p> <p><a href="http://www.cardigancastle.com">www.cardigancastle.com</a> @CardiganCastle</p>
Lunch	<p><b>The Ferry Inn</b> – a beautiful, historic pub and restaurant in the picturesque village of St Dogmaels.</p> <p><a href="http://www.ferry-inn.com">www.ferry-inn.com</a></p>
Afternoon	<p>Visit <b>Mwnt Beach</b> in Ceredigion (voted <b>one of Europe’s top ten loveliest hidden beaches</b> in Britain’s <i>Daily Mail</i>) or <b>Llanerchaeron</b>, an 18<sup>th</sup> century villa, now looked after by the National Trust, where pleasure grounds and an ornamental lake sit alongside a working organic farm within traditional and atmospheric outbuildings.</p> <p><a href="http://www.discoverceredigion.co.uk">www.discoverceredigion.co.uk</a> @visitceredigion</p> <p><a href="http://www.nationaltrust.org.uk/llanerchaeron">www.nationaltrust.org.uk/llanerchaeron</a> @nationaltrust</p>
overnight	<b>The Harbourmaster</b>



Mwnt Beach is hidden treasure of Ceredigion

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	<p>Ppen Cei, Aberaeron, Ceredigion, SA46 0BT Tel: +44 (0)1545 570755 <a href="http://www.harbour-master.com">www.harbour-master.com</a></p> <p>@hmaberaeron</p> <p>A boutique property situated within three historic buildings on the picturesque Aberaeron harbourside, the Harbourmaster is also renowned for its harbourside restaurant serving the best in local produce.</p>
	Dinner at the hotel
<b>Day Five</b>	
Morning	<p>Breakfast at hotel</p> <p>Check out of hotel</p>
AM	<p><b>Great Little Trains of Wales</b></p> <p>Vintage countryside at its best – take a trip on a steam engine journey through the spectacular countryside, taking us through Aberyswyth to Devil's Bridge.</p> <p><a href="http://greatlittletrainsofwales.co.uk">http://greatlittletrainsofwales.co.uk</a></p>
	<p>Drive through the <b>Snowdonia National Park</b>, passing through several interesting towns and some spectacular scenery along the way.</p> <p>Mount Snowdon is Wales and England's highest mountain at 1085m. Its trails make the summit accessible to hikers of all abilities. The National Park also contains rivers, lakes, waterfalls, forests, moorlands, glacial valleys, a stunning coastline and ancient burial chambers. There's also Roman forts, World Heritage-listed Norman and Welsh castles, steam railways and relics of the country's mining heritage.</p> <p><a href="http://www.eryri-npa.gov.uk/home">www.eryri-npa.gov.uk/home</a> <a href="https://twitter.com/visitsnowdonia">@visitsnowdonia</a></p>
	<b>Lunch at Ynysir Hall in Machynlleth</b> (pronounced "ma-hun-cthleth")

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	<p>Enjoy a 5-course taster lunch at Ynyshir Hall, which has just been awarded its first Michelin star, it's the AA Hotel of the Year in Wales and in the Top 50 Restaurants of the Good Food Guide 2015.</p> <p><a href="http://www.ynyshirhall.co.uk">www.ynyshirhall.co.uk</a> @ynyshirhall</p>
	<p>Travel to <b>Barmouth</b> and enjoy a brief <b>Panorama Walk</b> with one of the best views in Wales.</p>
	<p>Travel to <b>Portmeirion</b>,</p> <p>Portmeirion is, perhaps, the oddest village ever conceived, standing serenely within Snowdonia National Park. Perhaps best know as 'the Village' in the 1960's cult TV series <i>The Prisoner</i>, Portmeirion was the brainchild of a single architect, Sir Clough Williams-Ellis, who acquired this remote promontory in 1925 and didn't complete his dream project until 1975, when he was in his nineties.</p>  <p><a href="http://www.portmeirion-village.com">www.portmeirion-village.com</a> @Portmeirion</p> <p>Portmeirion's Italianate architecture is a unique find in Snowdonia</p>
	<p>Dinner at the hotel.</p>
Overnight	<p>Portmeirion Hotel</p>
<b>Day Six</b>	
Morning	<p>Breakfast at the hotel.</p> <p>Check out of the hotel.</p>
	<p><b>Zip World Titan</b></p> <p>Race through the skies at ZipWorld Titan in Blaenau Ffestiniog!</p> <p>Channel your inner daredevil and take part in an exhilarating <b>Zip wiring experience</b> - fly for</p>

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	<p>over a mile through the skies on the largest zip zone in Europe.</p> <p><a href="http://www.zipworld.co.uk">www.zipworld.co.uk</a> @ZipworldUK</p>
Lunch	En route to Llandudno
	<p><b>Lobster Safari taster with North Wales Sea Fishing</b></p> <p>Skipper Carl Davies, a qualified Marine Biologist, will show what happens behind the scenes on a lobster potting boat and will explain in detail about the life and conservation of lobsters, which makes it so sustainable.</p> <p>The Lobster Safari trip takes you around the towering cliffs of the Great Orme where it is possible to see other fantastic wildlife, from seals to seabirds and the famous Kashmiri goats that live wild on the Orme.</p> <p>On return there will be an opportunity to pick up some super fresh lobster and crab that the hotel Chefs will incorporate into our starter for dinner.</p>
overnight	<p><b>St George's Hotel</b> The Promenade Llandudno Conwy LL30 2LG Tel: +44 (0) 808 168 6030 <a href="http://www.stgeorgeswales.co.uk">www.stgeorgeswales.co.uk</a>  <a href="https://www.instagram.com/StGeorgesHotel/">@StGeorgesHotel</a></p>
	Dinner at the hotel.
<b>Day Seven</b>	
Morning	Return flight from Cardiff, Bristol or London

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